



UNDERSTANDING DEATH AND PASSING

For everyone.

Is someone you love dealing with death and passing?
Do you want to understand more about what happens when we die?
How do we give compassion to ourselves and others?

Some of the topics we'll cover are:

- Different states of passing from a holistic perspective
- Managing stress
- Establishing presence within yourself
- What happens when we die
- Communication with your loved one and providers
- Creating a loving place to pass
- Practical care for yourself and your loved one
- The life of compassion for yourself and others

June 23, 2024

1:00pm - 6:00pm

Apple Farm Roundhouse

12291 Hoffman Rd., Three Rivers, MI

Cost: \$145 until June 1, 2024

then the cost is \$160.



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