



# HEALTH ADVOCACY: YOUR HEALTH CARE ROAD MAP

**Trust. Safety. Security.**

We all wonder how to manage our place in our health care system. Let's look together to see how we can become a confident, responsible, compassionate partner with our health care team.

Together we will discover how to:

- Communicate our needs and questions effectively
- Work with our health care team in satisfying, honest, open ways of understanding and respect
- Accept our need for health care advocacy and begin to do something about it
- Learn to establish relationships with our health care team based on our cultural, emotional, spiritual, physical aspects of care
- Become willing to learn and teach our health care team about the meaning our health holds in our lives, including at death/passing

**Winter As Requested**

**1:00pm - 3:00pm**

**Lake Ann MI**

**Cost: \$135**

**Call Lisa or check website to register  
and for more information.**

**Financial assistance is available.**

**Lisa Wolfe**

**(269) 221-8335**

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