



PURE MEDITATIVE PEACE

Relax. Focus. Be in Charge.

There's a lot of negativity in the world these days.
Would you like to have more peace in your life?

Pure Meditative Peace helps us to navigate stress and helps us find peace within ourselves. It's for anyone: families, individuals, workplace communities, friends, and lovers.

For people of all ages.

Learn begin to still your mind and be nourished by peace.
Come see for yourself. Join our class today.

- Relax and feel more peaceful
- Still your mind
- Increase focus
- Reduce stress
- Learn in 2 hours, enjoy it forever



November 21, 2024; 1:00 - 3:00pm; Lake Ann, MI

This special class includes your treasured book to carry life-long.

Cost: \$150

Call Lisa or check website to register and for more information.

Lisa Wolfe

(269) 221-8335

lisa@lisawolfeholisticcare.com