

## PURE MEDITATIVE PEACE RELAX. FOCUS. BE IN CHARGE.

There's a lot of negativity in the world these days.

Would you like to have more peace in your life?

Pure Meditative Peace helps us to navigate stress and help us find peace within ourselves. It's for anyone: families, individuals, the workplace communities, friends, and lovers.

For people of all ages. Learn to begin still your mind and be nourished by peace.

Come see for yourself. Join our class today.

- Relax and feel more peaceful
- Still your mind
- Increase focus
- Reduce stress
- Learn in 2- 2 1/2 hours; carry it lifelong

Contact Lisa for more information and to register.

This special class includes a treasured book for you.

Cost: \$150.



GET IN TOUCH

Lisa Wolfe

(269) 221- 8335

LisaWolfeHolisticCare.com